

Tuesday 9<sup>th</sup> December

### **Important Notice – Deep clean due to sickness**

Dear Parents and Guardians,

We have been in touch recently around illness and levels of staff absence. To maintain a safe and effective running of school, we have made the decision to close the school on Wednesday 10<sup>th</sup> December 2025 for a full deep clean.

It can be tricky deciding whether to keep your child off school, nursery or playgroup when they're unwell. There are government guidelines for schools which outline when children should be kept off school and when they shouldn't. If you do keep your child at home, it's important to phone the school on the first day. Let them know that your child won't be in and give them the reason.

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, let their teacher know.

### **High temperature**

If your child has a high temperature, keep them off school until it goes away.

### **Feeling anxious or worried**

It's normal for children to feel a little anxious sometimes. They may get a tummy ache or headache or have problems eating or sleeping. Avoiding school can make a child's anxiety about going to school worse. It's good to talk about any worries they may have. You can also work with the school to find ways to help them. If your child is still struggling and it's affecting their everyday life, it might be good to talk to your GP

### **Coughs and colds**

It's fine to send your child to school with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature. But if they have a high temperature, keep them off school until the temperature has gone.

### **Sore throat**

You can still send your child to school if they have a sore throat. But if they also have a high temperature, they should stay at home until it goes away.

### **Vomiting and diarrhoea**

Children with diarrhoea or vomiting should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).

We would like to thank you for your continued support and apologise for any inconvenience.

Kind Regards

*James Brown*

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