



Weekly Newsletter

Ormston
school

New Starters

Our new starters are settling in so well and we look forward to watching how they progress at Ormston school through primary and secondary.



RSHE at Ormston School

At Ormston School we use Pol-Ed for interventions and resources we use within our RSHE and PSHCE curriculum. Pol-Ed is a West Yorkshire Police education programme, written by teachers for teachers in schools across West Yorkshire. Its purpose is to keep children safe by developing their understanding of risks, consequences and the law and to develop their resilience and ability to help and support each other.

This half term Miss Daily (ELSA) will be delivering additional sessions on healthy friendships and healthy relationships to all young people in school.

In KS2 this half term we explore:

Being Healthy and Safe

- Physical Health: Consolidate topics on healthy lifestyles, diet, exercise, hygiene, first aid, and medical care (e.g., vaccinations, accessing doctors).
- Emotional Wellbeing: Bring together learning objectives related to recognising and expressing feelings, managing emotions, seeking help, coping strategies, mental health awareness, and dealing with change and loss.
- Eating Habits: Group all content on healthy diets, nutrition, the impact of food choices, and oral hygiene.
- Citizenship – making positive contribution as a citizen of the UK
- Personal Safety (On and Offline): Systematise topics such as risk recognition, fire safety, road safety, emergency services, online safety rules, privacy, digital footprint, managing screen time, and recognising online risks.

For year 7 students this half term we explore:

- British Values: Democracy, rule of law, individual liberty, mutual respect, and tolerance.
- Identity and Diversity: Exploring cultural heritage, migration, and inclusion. The development of the political system of democratic government in the United Kingdom, including the roles of citizens,

We will explore the careers programme and how this will help them to be prepared for their next steps*, ensuring that all young people access 1:1 guidance at key decision points with Independent Careers and Guidance, Teamwork, enterprise skills and raising aspirations

Diet and healthy lifestyles – diet, exercise, hygiene

Diversity, prejudice and bullying

Menstrual health and hygiene for all genders

(including addressing stigma, access to products and emotional response)

Drugs education. Personal care. For example, ironing, sewing, cleaning



In Year 9 this half term we explore:

- Justice and Legal Systems: Youth justice, police powers, and restorative justice.
- Media Literacy: Understanding bias, fake news, and responsible consumption of information.
- The operation of Parliament, including voting and elections, and the role of political parties
- The role of the media – bias and truth seeking

Career action plans and goal-setting activities:

Equality of opportunity in careers and life choices

Learning about:

- Diet and healthy lifestyles – diet, exercise, hygiene- how can we improve our physical health?
- Who can we contact for support around our health?
- Mental health and emotional wellbeing including body image and coping strategies

In Year 8 we explore:

- Political Literacy: Political parties, elections, and how to engage in democratic processes.
- Ethical Citizenship: Debating moral dilemmas (e.g., freedom of speech vs. hate speech).

Learning about:

Making career links explicit in schemes of work (e.g. Science → STEM careers).

Ensuring young people access 1:1 guidance at key decision points

Employability and online presence

Diet, exercise, lifestyle balance and healthy choices - how can we improve our physical health?

Who can we contact for support around our health?

In year 10 we learn about:

- Citizenship in Action: Rights and responsibilities in the workplace, consumer rights, and civic duties.

Learning about:

Embedding careers into life skills and RSE lessons (e.g. financial literacy → budgeting for independence).

Ensuring that all young people access careers guidance

Linking curriculum to employability (e.g. English → CV writing, ICT → LinkedIn profiles).

Expanding employer encounters

Preparation for and evaluation of work opportunities.

Mental health and ill health, stigma, safeguarding health, including during periods of transition or change.

Recognising triggers and responding to unhealthy coping strategies such as self-harm

Developing empathy and understanding about how actions can affect people's mental health

Discrimination in all its forms including racism, religious discrimination, sexism, homophobia, biphobia and transphobia

Our full curriculum can be found on our website so you can look at our half termly topics.

Should you have any questions please reach out to the school office in the first instance.

Snowy Owl:

We moved into a new classroom; we have moved into Year 10 with specialised teachers. We have been harvesting carrots from the vegetables garden and planting autumn winter produce in our timetable of sensory garden and science. There have been many assessments this week and all the young people have tried their best at completing all of them for different subjects!



Red Owl:

Red owl class were getting creative with Paper mâché last week!



Hawk Owl:

Our students in our new Hawk Owl class have had a great first two weeks!



Hawk Owl class thoroughly enjoyed going to woodhouse ridge during forest school on Tuesday.



Barn Owl Class went to woodhouse ridge to get inspiration for when they create their own fairytale settings in English

